

## Tarot Time Travels Lesson 3 Mastering the Final Keys to Tarot Timing Transcript

Whew! It's been a lot, hasn't it? We've covered the mechanics of timing events with Tarot, protecting our cards and ourselves, and learned how to improve our ability to read Tarot by expanding our knowledge of symbolism. We've also learned a bit about the history of Tarot and talked about the psychic industry. So, what's left?

There are the mechanics of laying cards, how to ask questions, and ways to improve your skills. This is the easy part. Let's start with how to lay cards.

### Part 1 Mechanics and Questions

We can use many spreads, but a spread is unnecessary for timing purposes. It's just a matter of laying cards one at a time. Because I may also choose to provide the caveat, I lay them in the order I use for other questions: left to right. I expect Tarot to give me a sentence or phrase, and so, like a sentence, my first word is on the left.

One of the techniques you can also use is to only use the Major or Minor Arcana. This will limit the amount of information, but it will also help you narrow down the time frame more straightforwardly, especially when using the first system I gave you. The first card tells you the season, and the following cards tell you how many months, weeks, days, and possibly the hour, using Numerology.

Timing is complex. The longer the timeframe, the greater the chance someone will influence outcomes, even through minor adjustments. Some questions require you to determine the time frame to start with. Based on the Suit's correspondences, you could pull a card to see if something will transpire in days, weeks, months, or years. Another way to tackle this is to ask Tarot "Will this happen this year?" or "this month," etc. I then rely on the Yes or No factor that all cards carry. I've included the complete list of 'Yes', 'No', and 'Maybe' cards in the worksheets. You can simplify timing an event by giving Tarot a time frame.

Before you ask a question, I suggested you have the Intention to receive an answer. I want to reiterate that. It is imperative because it puts you in the seat of authority over the guidance you will receive. Additionally, asking with gratitude tells guidance that the answer is mine. So, the script reads, "My intention is to know \_\_\_\_\_, I am grateful for this knowledge."

When I cannot get a succinct answer to a "when" question, I ask the following: "How will I feel about this issue, or person, in a week, a month, or a year?" The timeframe depends on the subject of my inquiry. The answer to this question indicates whether the issue can be resolved within an acceptable timeframe. If not, I ask for the next step for my highest good.

## Part 2 Practice Makes Perfect

One way to practice is to ask when something that has already occurred happened. You can also start with things you know are going to occur. This will help you determine which system you resonate with. You can also set your intention to use a specific system before asking a question.

Begin by doing daily card pulls focused on minor events to help build your Tarot timing abilities. Pull one card each day and use it to anticipate a small event that might occur.

Use your Tarot Journal to track both your predictions and what actually unfolds—this will help you see patterns and measure your progress. The Worksheet includes some other ways to practice.

Once you feel more confident, start applying your skills to larger life moments, such as significant career shifts, pivotal relationship developments, or important personal goals.

Keep in mind that learning Tarot timing is a process, not a finish line.

Give yourself grace and stay consistent in your practice. The more you engage with the cards, listen to your intuition, and fine-tune your approach, the stronger your timing skills will grow.

With time, reading the timing of events will feel intuitive and seamlessly enhance your readings, deepening the insight and clarity you provide to others.

## Part 3 Opening Second Sight

In certain mystical traditions—especially Hermetic and alchemical thought—walking backward is more than a physical act; it's a deliberate reversal of perception. Alchemists believed that to gain true insight (or "second sight"), one must learn to see beyond surface appearances—beyond linear logic, conditioning, and ordinary time.

Walking backward occasionally is a way to break the pattern of normal perception. We move forward automatically in life—physically and mentally. Walking backward disrupts this autopilot mode. It forces your senses to become alert and your awareness to shift, opening you to the unseen or subtle layers of reality. It invites your inner eye—your intuition—to take the lead, rather than your intellect.



Another critical step is cultivating a deeper awareness of the vibrations within and around you. To recognize deeper truths through Tarot, you must first recognize your own vibration so that you can recognize the vibrations Tarot is sending you.

Your personal vibration is the energetic signature of your soul. It's the frequency you emit when you are most aligned, grounded, and connected to your truth. Tuning into this vibration is essential for deepening your intuition, maintaining energetic boundaries, and navigating life with clarity and self-trust.

In today's world, it's easy to become entangled in the noise of other people's energy, expectations, emotions, and projections, and even their unspoken thoughts. This noise can pull you out of alignment and distort your perception of what's yours and what isn't. That's why returning to your own frequency is not just helpful—it's vital.

To tune in, begin with stillness. Close your eyes, place a hand over your heart or solar plexus, and breathe. Imagine clearing away anything that doesn't belong to you—thoughts, feelings, or stress you may have absorbed. As you breathe deeply, invite your energy to come home to you. You may experience a tingling sensation, warmth, or simply a sense of calm. That is you, returning to you.

Your vibration often speaks through subtle sensations—goosebumps, inner knowing, shifts in your mood or thoughts. You feel empowered, intuitive, and anchored when you're in tune with it. Choices become clearer. Red flags appear sooner. Joy becomes easier to follow.

Tuning into your vibration isn't something you do once. It's a practice. It's a returning. And every time you choose to listen, you deepen your relationship with your Highest Self—the wisest, most attuned version of you.

Once you've learned to recognize your own vibration, you can use the same process to tune into someone else's. Begin by clearing your energy and grounding into your own frequency—this creates a stable base. Then, with their permission (or with clear intention if reading intuitively), gently shift your focus toward them. Imagine extending a subtle energetic thread or simply bringing their name or face into your awareness. Notice how the energy feels—light, dense, calm, chaotic, familiar, or distant. You're not analyzing; you're sensing. Tuning into someone else's vibration this way can help you offer insight, empathy, or guidance, while still maintaining your own energetic integrity.

After you have picked up on someone else's vibe, be sure and close the door. Pull back any energized thread you sent out, or see a violet curtain slip between them and you. This way, you won't continue to pick up on them.

These are just a few ways to open second sight and your intuition. Exploring the realm of the sixth chakra is an essential part of reading Tarot

#### Part 4 Healing All Doubt

Once again, I want to ensure you allow yourself to have this. I want you to feel secure in your ability to accurately predict when events will occur.

Patricia Greenhough's work inspires this meditation (<https://www.lifetimelearning.co.nz/>). Patricia is an incredible facilitator with whom I have shared studies, services, and our path up the spiral. This exercise can be used for any subject you would like to heal.

See the air infused with light and breathe it in deeply. Allow it to expand throughout your body, and then release it slowly. Do this again.

See yourself enclosed in a beautiful white, pink, or gold light circle.

Imagine all of your ideas, beliefs, and judgments regarding your ability to provide accurate answers through Tarot as strings. The positive and the negative, the light-filled ideas, the dark concepts covering your light.

Now, see all these strings come together in a ball, entangled strings all coming together in a circle.

Ask yourself, and allow the first number that comes to your head to be the answer: What percentage of this is mine? Ask yourself how many stakeholders own the percentage that is not yours. Now, see the ball spin counterclockwise as if in a cosmic washing machine. See light flowing into it, like detergent or fabric softener, while spinning. While spinning, the light begins to cleanse it. Continue visioning this until the strings untangle, and the ball becomes white. Imagine it doubles in size. Let it rise upward, being infused with Divine Light.

Repeat after me; "I send this energy to the light to be purified, healed, and transformed into divine energy, pure light, and love on this plane of consciousness and all planes of consciousness, in this dimension and every dimension, in the past, in the present, in the future, and through all timelines, through me and my ancestors and descendants. I give thanks for it is done."



Now, see the ball come down and divide it with the percentage that is yours as one part and the percentage that is other people's as the other part. Take ten percent off your side and set it aside. See the part that is theirs pour into them. See the part that is yours pour into you. The ten percent you set aside is for you to save and invest in any project or objective you have.

Take another deep breath. Come back to the room. Stretch, move.

### Part 5 In Closure

We have looked at a few things beyond Tarot and Timing Events. The more self-awareness we have, the better readers we become. All readers have filters. Knowing our filters, we can see past them.

As we close this class on timing events with Tarot, thank you for stepping into this aspect of the world of Divination with curiosity and commitment. Trusting yourself to work with time through the cards is a powerful skill, and like all aspects of Tarot, it only deepens with continued exploration. Remember, the more you engage with the mystery, the more it reveals itself.

If you're feeling called to go further, I invite you to join us for "You Are A Channel"—a transformative class where you'll learn to connect with the Ascended Masters and your Highest Self. This is a natural next step for those who wish to expand their intuitive abilities beyond tools and techniques and begin receiving direct guidance from Divine sources. You are more intuitive than you think—now is the time to open the channel.

"You Are A Channel" is a virtual class with limited seats available to ensure personal attention and a supportive environment. This is a beautiful opportunity to continue your journey.

Thank you for joining me on this journey. It has been an honor to share my knowledge. Many Blessings.

## Tarot Time Travels Lesson 3 Worksheet

### Practice Makes Perfect

Here are a few practice exercises you can use to predict events.

Predict a friend's text or call.

Ask: "When will I hear from [name] next?"

Pull a card. Record your answer and check back.

### Seasonal Clues


Shuffle and ask: "What season will the most important change occur in?"

### Past Event Validation:

Pull a card timing a past event and compare its timing clues with what actually happened.

### Second Sight

#### Alchemical Exercise

 How to Try It

You can try this as a gentle meditative exercise:

1. In a quiet, safe space (indoors or in a clear yard), begin walking slowly backward.
2. Keep your gaze soft, or close your eyes if you feel steady.
3. Focus on sensation—how your feet feel, the pull of gravity, the sounds around you.
4. Let your thoughts drift into symbols or impressions. See what emerges when your logical mind relaxes.
5. After a few minutes, stop and breathe deeply. Reflect or journal on what you sensed.

This simple act, when done with sacred intention, helps you shift out of the known and into the subtle realms, where true second sight is cultivated.

## Tuning Into Your Own Vibration: Returning to Your Inner Frequency

### 1. Daily Intuitive Check-In

Each morning or evening, pause and ask your inner self a simple question like:

“What do I need to know today?”

Write down the first impression, word, or feeling that arises—without judgment. Check back later to see how it resonated with your day.

Day 1	<input type="text"/>
Day 2	<input type="text"/>
Day 3	<input type="text"/>
Day 4	<input type="text"/>
Day 5	<input type="text"/>
Day 6	<input type="text"/>
Day 7	<input type="text"/>

### 2. Object Reading (Psychometry Practice)

Hold an object that belongs to someone else (with permission), close your eyes, and notice what images, emotions, or impressions come up. Describe them aloud or write them down. This sharpens your energetic sensitivity.

### 3. Intuitive Card Draws

Use Tarot. Before turning a card over, try to feel the message. Don't worry about being “right”—this builds the trust muscle between your intuition and logic.

### 4. Meditation with a Focus on the Third Eye

Sit quietly and visualize a soft indigo light at the center of your forehead. Breathe into this space and notice any sensations, colors, or visions that arise. This strengthens your intuitive awareness over time.

## 🌙 5. Dream Journaling

Keep a notebook by your bed. Write down your dreams upon waking—no matter how strange. Over time, patterns and symbols will emerge, revealing intuitive insights and inner guidance.

## ✨ Intuitive Vibration Awareness Worksheet ✨

Strengthen your intuitive awareness by learning to recognize, return to, and read energetic vibrations—starting with your own.

### 🌟 Part 1: Tuning Into Your Own Vibration

#### Step 1: Ground & Clear

Take a few deep breaths. Place a hand on your heart or solar plexus. Imagine releasing any energy that doesn't belong to you.

What does it feel like when your energy is scattered or influenced by others?

#### Step 2: Return to You

Breathe deeply. Visualize a light (color of your choice) drawing all your energy back into your body. Say internally: "I now return to my own vibration. I am home in myself."

What sensations or feelings come up as you return to your own energy?

#### Step 3: Describe Your Vibration

Sit with your energy for a few minutes. What does your true vibration feel like when you're fully aligned?

- Warm
- Cool
- Tingling
- Calm
- Expansive
- Grounded
- Other:



How does recognizing your own vibration help you trust your intuition more?

## 🌟 Part 2: Tuning Into Someone Else's Vibration

### Step 1: Ground in Your Own Energy

Before tuning into someone else, be sure you are fully grounded in your own energy.

What are 1-2 signs that tell you you're anchored in your own vibration?

### Step 2: Intuitive Connection

Bring the other person into your awareness with intention (with permission if applicable).

This can be through their name, face, or energy.

As you tune in, what do you feel? Use words like: light, heavy, buzzy, still, colorful, cloudy, calm, erratic, etc.

### Step 3: Distinguish What's Theirs

Notice how their energy feels different from yours. Trust the contrast.

What did you sense or feel that clearly did not come from you?

### 💬 Final Reflection

What did you learn about your own vibration and how it influences your intuitive clarity?

### Healing Issues

What issues can you clear with the Guided Meditation at the end of the lesson?

When?

Issue

When

Issue

When

Issue

When

Issue

When

Issue

When

# Yes, No, and Maybe Cards

## Major Arcana

The Fool	Yes	Justice	Maybe
The Magician	Yes	The Hanged Man	Maybe
The High Priestess	Maybe	Death	No
The Empress	Yes	Temperance	Yes
The Emperor	Yes	The Devil	No
The Hierophant	Maybe	The Tower	No
The Lovers	Yes	The Star	Yes
The Chariot	Yes	The Moon	No
Strength	Yes	The Sun	Yes
The Hermit	Maybe	Judgement	Yes
Wheel of Fortune	Yes	The World	Yes

## Minor Arcana

### The Wands

Ace of Wands	Yes
Two of Wands	Maybe
Three of Wands	Yes
Four of Wands	Yes
Five of Wands	No
Six of Wands	Yes
Seven of Wands	Yes
Eight of Wands	Yes
Nine of Wands	Maybe
Ten of Wands	No
Page of Wands	Yes
Knight of Wands	Yes
Queen of Wands	Yes
King of Wands	Maybe

### The Swords

Ace of Swords	Yes
Two of Swords	Maybe
Three of Swords	No
Four of Swords	Yes
Five of Swords	No
Six of Swords	Yes
Seven of Swords	No
Eight of Swords	No
Nine of Swords	No
Ten of Swords	No
Page of Swords	Yes
Knight of Swords	No
Queen of Swords	Maybe
King of Swords	Maybe

### The Cups

Ace of Cups	Yes
Two of Cups	Yes
Three of Cups	Yes
Four of Cups	Maybe
Five of Cups	No
Six of Cups	Yes
Seven of Cups	No
Eight of Cups	No
Nine of Cups	Yes
Ten of Cups	Yes
Page of Cups	Yes
Knight of Cups	Yes
Queen of Cups	Maybe
King of Cups	Maybe

### The Pentacles

Ace of Pentacles	Yes
Two of Pentacles	Maybe
Three of Pentacles	Yes
Four of Pentacles	Yes
Five of Pentacles	No
Six of Pentacles	Yes
Seven of Pentacles	Maybe
Eights of Pentacles	Yes
Nine of Pentacles	Yes
Ten of Pentacles	Yes
Page of Pentacles	Yes
Knight of Pentacles	Yes
Queen of Pentacles	Yes
King of Pentacles	Yes